

Islet Transplantation: Factors in Short-Term Islet Survival

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Abstract Islet transplantation has the potential to cure type 1 diabetes. In recent years, the proportion of patients achieving initial insulin independence has improved, but longer term outcomes remain poor compared to those for whole pancreas transplants. This review article will discuss factors affecting islet yield and viability leading up to transplantation and in the immediate post-transplant period.

Keywords Islet transplantation · Apoptosis · Hypoxia · Type 1 diabetes · β cell

Abbreviations

ADSC	Adipose derived stem cells
IBMIR	Instant blood-mediated inflammatory reaction
MSC	Mesenchymal stem cells
SC	Sertoli cells
T1D	Type 1 diabetes

Introduction

Type 1 diabetes (T1D) mellitus is an autoimmune disorder in which the immune system destroys the insulin producing β cells of the pancreatic islets of Langerhans (Kahn et al. 2006). The disease most commonly has its onset before

30 years of age, but can be diagnosed at any age (Daneman 2006).

T1D was uniformly fatal before the purification of insulin by Banting and Best in 1922 (Banting and Best 2007; Banting et al. 2007; Bliss 1993). However, insulin must be administered parenterally, blood glucose levels need to be monitored to achieve tight control and dietary management is essential. Even with treatment, normal blood glucose levels cannot be achieved in the vast majority of T1D patients and chronic high blood glucose can damage organs, potentially leading to blindness, end-stage renal failure and amputations (1998; Atkinson and Eisenbarth 2001; Daneman 2006; Nathan et al. 2005). This affects quality of life and to this day, the average lifespan of people living with T1D is still markedly reduced (Brown et al. 2001).

Insulin is the major hormone which stimulates glucose uptake from the blood, predominantly into muscle and fat (Rhodes and White 2002). It is secreted only from pancreatic β cells which are located in the islets of Langerhans and which themselves make up 1–2% of the pancreas (Kloppel et al. 1985). As T1D is a direct result of β -cell destruction, the diabetes can be cured by replacing β cells. This can be achieved by whole pancreas or islet transplantation. Successful islet transplants are currently performed in many centres worldwide. However, it is a complex procedure with many factors affecting the outcome. Islet transplantation is still considered an experimental procedure and much research effort is currently being directed towards improvement and refinement of the current method for islet transplantation with the ultimate goal of long-term survival of islets. This review will discuss islet transplantation and the factors involved in short-term islet survival, including the islet isolation process and the immediate post-transplant period.

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Islet Transplantation

As with all human transplants, there is an imbalance between supply and demand. Therefore, islet transplant recipients are carefully selected and only a small percentage of people with T1D receive this treatment. Patients who are typically eligible for islet transplantation are those who have had T1D for more than 5 years, are aged between 18 and 65 and most importantly, have poor diabetes control including episodes of severe hypoglycaemia sometimes requiring external assistance.

Because the islets of Langerhans in the pancreas contain the insulin-secreting β cells, transplantation of only the islets is a theoretically very attractive approach for the treatment of T1D. As islets make up only 1–2% of the pancreas, islet transplantation provides a much smaller transplant mass than whole pancreas transplant and is therefore a much less invasive procedure, and presents a smaller load of immunogenic tissue. Most of the digestive enzyme secreting exocrine pancreatic tissue is removed.

Lacy and Kostianovsky (1967) were the first to develop a novel collagenase-based method for successfully isolating islets from a rat pancreas. During the 1960s and 1970s, successful non-human islet isolation and transplantation into animal models was established (Ballinger and Lacy 1972; Lacy and Kostianovsky 1967; Lillehei et al. 1969a, b; Reckard et al. 1973). Renal subcapsular transplants are a common animal transplant site, but are not suitable for human transplants due to volume issues. In an early paper where rodent islets were used, subcutaneous, free intraperitoneal and intraportal islet transplant sites were compared and the latter was found to be the only successful site (Kemp et al. 1973). It was this work and the success with autologous islet transplants in that site that led to the current method in which islet allografts are usually infused into the portal vein.

Reliable human islet isolation proved more difficult because of a number of technical issues (Warnock et al. 1988), including the lack of a discrete capsule around the islet and the more variable size of human islets compared to animal islets. The eventual method for human islet isolation and the subsequent modified method were developed by Ricordi (1991) and Ricordi et al. (1988, 1990). Occasional reports of successful allogeneic human islet transplants appeared over the years (Gores et al. 1993; Scharp et al. 1991), but it was not until the landmark report from Shapiro et al. (2000) of seven T1D patients achieving insulin independence following islet transplantation that the field was truly re-vitalised.

Islet Transplant Success Rates

The Collaborative Islet Transplant Registry (CITR), founded in 2001, collects and analyses islet transplant data from

all transplant centres in the US and Canada, as well as some European and Australian transplant centres. Their aim is to identify critical risk factors and key determinants of islet transplant success and thereby help to develop and refine islet transplant procedures. CITR's 2009 annual report comprises data from 412 allograft recipients (CITR 2009). The majority of islet recipients require additional islet infusions, with some receiving up to four islet infusions. Regardless of the total number of infusions received, at the 3-year follow-up approximately 27% of recipients are insulin independent, 30% are insulin dependent with detectable C-peptide and 27% have no detectable C-peptide (not all islet recipients have had their 3-year follow-up data entered into CITR). Interestingly, recipients transplanted since 2005 retained insulin independence significantly longer than those transplanted between 1999 and 2004, most likely due to improved islet isolation methods and post-transplant islet survival. The percentage of all islet recipients that are insulin independent declines steadily from 55% at 6 months post-transplant to just 16% at 4 years. Conversely, the proportion with complete loss of islet function increases from 12% at 6 months to 42% at 4 years. Overall, the reported 5-year rate for insulin independence is approximately 10% (Langer 2010; Shapiro et al. 2006).

Donor and Retrieval Factors

As with any organ transplant, the overall health of the donor and condition of the pancreas play a major role in transplant success or failure. The vast majority of islets for transplantation derive from donors who have been declared brain dead (Grundfest-Broniatowski and Novick 1986; Ridgway et al. 2010; Shapiro et al. 2000, 2006). Jung et al. (2007) have shown that islet yield from living donors is higher compared to cadaveric donors, and cerebrovascular stroke as cause of death and intracranial haemorrhage as mechanism of death are significantly associated with unsuccessful islet isolation (Takita et al. 2010). Studies using animal islets have reported an increased expression of tissue factor in islets isolated from brain dead rats compared to living rats (Saito et al. 2009). Tissue factor has been identified as the main trigger of the instant blood-mediated inflammatory reaction (IBMIR).

The overall importance of donor health is suggested by many factors. If the donor is in good health at the time of donation, as in the setting of islet auto-transplantation or in the report of a living-related transplant (Matsumoto et al. 2005; Robertson 2001), outcomes are generally improved. Conversely, outcomes are substantially worsened for non-heart beating donors (Jung et al. 2007; Kenmochi et al. 2008). Donors who have poor glucose control during their

intensive care unit admission are less likely to provide a successful islet yield, as are those who require high levels of inotropes to attempt to maintain blood pressure (Brandhorst et al. 1994, 1995; Lakey et al. 1995; Ridgway et al. 2010).

Most reports suggest donor age plays a role in islet yield. Kaddis et al. (2010) report that older donors give poorer islet yields. In a multi-centre analysis of ~800 preparations, older donors had an odds ratio of 0.61 for a good islet isolation yield (>315,000 IEQ) (Kaddis et al. 2010), though, islets from type 2 donors are not used for transplantation because of their known functional defects. However, Niclauss et al. (2011) recently reported no difference between islet yield from donors younger than 45 years compared to those older than 45, however, the graft function was significantly reduced in older donors. One explanation is that the collagen composition of the extracellular matrix of the pancreas changes with age, thus impacting collagenase affinity during the digestion phase of the isolation process (Lakey et al. 1996; Sabek et al. 2006). This may partially help to explain why no clear consensus has emerged as to ideal age boundaries for optimal donors.

Conversely, overweight or obese donors give better islet yields (Brandhorst et al. 1995; Ridgway et al. 2010). Pancreata with fat on the surface, or fatty infiltration of the pancreas also give better islet yields (Kaddis et al. 2010). These weight-related factors are helpful in directing use of organs: fatty pancreata perform poorly in whole-organ transplants and increase morbidity and mortality in the organ recipients so in fact are relatively contra-indicated for whole-organ transplants. Fatty pancreata give better islet yields, and are preferred for islet transplants.

Pancreas Perfusion and Transport Factors

The first step after surgical dissection is to flush the extracted pancreas with a chilled preservation solution. This is most commonly University of Wisconsin (UW) solution. UW solution gives equivalent or superior results to other perfusates in many but not all studies, by preventing loss of amylase and inducing a slight shrinkage of the acinar cells, which in turn improves the density separation of islets and viability of the cells (van der Burg et al. 1994). Other preservation solutions used include Celsior, HTK (histidine–tryptophan–ketoglutarate), Institut-George-Lopes (IGL)-1 and others (Hubert et al. 2007; Kaddis et al. 2010; Manrique et al. 2006; Noguchi et al. 2008). The flushing step cools the pancreas and removes debris and thrombi (Baertschiger et al. 2008; Hubert et al. 2007; Kinasiwicz and Fiedor 2003; Salehi et al. 2006; White et al. 2001; Wojtuszczyk et al. 2005).

Cold storage and transport of the pancreas is vital to islet yield and viability; warm ischaemia has been found to damage tissue (Brandhorst et al. 1994; de Gruyl et al. 1977; Florack et al. 1983), however, cold ischaemia time beyond 8 h also results in reduced yields and quality of human islets (Caballero-Corbalan et al. 2007; Kuhlreiber et al. 2010; Pileggi et al. 2009). In most studies, shorter cold ischaemic time associates with better islet yields (White et al. 2001). Transport using a two-layer method where the pancreas rests on a substrate in the top layer of a perfluorocarbon “bath” appears to give slightly improved outcomes (Scott et al. 2010a) and showed promising results in pancreata from humans (Scott et al. 2010b).

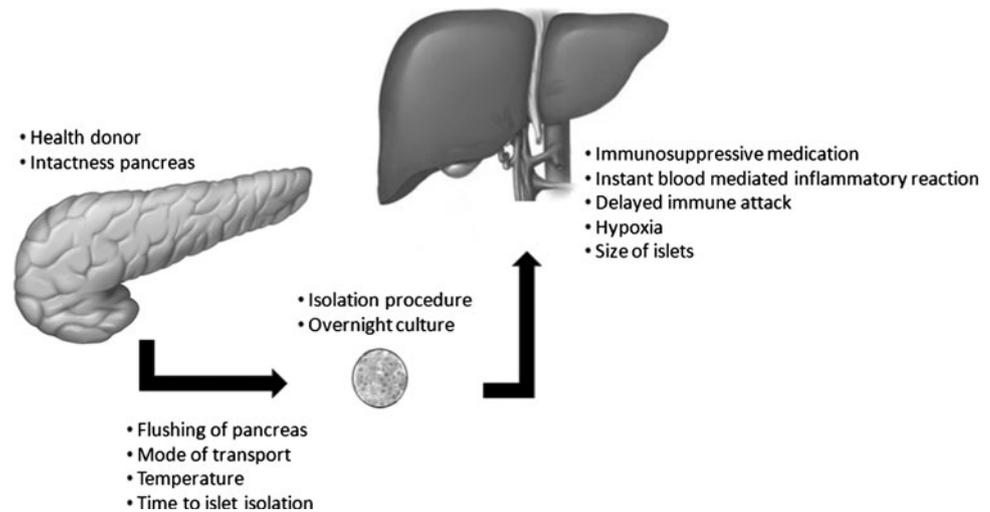
Islet Isolation Factors

The islet isolation process remains a major challenge. As discussed above, islets only make up a small fraction of the pancreas (Kloppel et al. 1985), and the isolation process is designed to remove the exocrine part of the organ while preserving structurally intact islets. Enzymatic digestion, followed by mechanical separation and a density gradient are required and all of these steps are detrimental to islets.

Using the modified Ricordi protocol (Froud et al. 2005; Ricordi et al. 1988), the pancreatic duct is injected with a digestive enzyme cocktail (e.g. Liberase, Collagenase NB1, Collagenase NB8) (Bucher et al. 2005; O’Connell et al. 2006; Ricordi et al. 1988; Shapiro et al. 2000). This step is followed by mechanical dissociation in a temperature-controlled Ricordi chamber. Originally the pancreas was placed in a metal chamber with metal or glass spheres and shaken repeatedly manually (Ricordi et al. 1988); this process has now been automated. Sample aliquots collected at intervals through the process are used to check separation and the progress of the digestion. Subsequently, islets are separated through sieves and density gradient centrifugation steps. The IBM 2991 cell separator (COBE Laboratories), used for over a decade to separate blood leucocytes by blood banks, was modified to purify islets (Lake et al. 1989). The density gradient steps need to be performed as quickly as possible, because all known density gradient media are toxic to islets (Scharp et al. 1990), although there does not appear to be substantial difference between the different density gradient options (Kaddis et al. 2010).

The islet isolation procedure exposes islets to mechanical, enzymatic, osmotic, and ischaemic stress, and as a consequence, a large proportion of islets are destroyed or rendered non-viable. Furthermore, digestion and fragmentation of islets is a major contributor to low islet yield for transplantation and it is highly dependent upon the particular batch of enzyme used (Johnson et al. 1996; Nano et al.

Fig. 1 Factors that play a role in islet yield and survival during the early post-transplant period



2005). Disruption of normal cell–cell relationships leads to an increase in apoptosis (anoikis) in islet β cells (Thomas et al. 2001).

An average human pancreas contains ~ 1 million islets (Gray et al. 1995) and a very good isolation process obtains $\sim 500,000$ islets with a viability of $>80\%$, though most isolations give lower yields (Agrawal et al. 2008; Bucher et al. 2005; Kaddis et al. 2010; Mahler et al. 1999; O’Connell et al. 2006; Ricordi et al. 1988; Shapiro et al. 2000, 2006; Toso et al. 2002). Islets are usually cultured after isolation prior to transplantation, to allow various metabolic and viability tests. This also allows non-viable islets and remaining exocrine tissue to die prior to transplantation, increasing purity and decreasing the mass of transplanted tissue without adversely affecting outcomes. On average, approximately 20% of islets are lost during overnight culture (Kin et al. 2008). Interestingly, Noguchi and et al. investigated the effect of different culture temperatures and reported that islet morphology after 4°C preservation was similar to and islet diameter after 22 or 37°C was smaller than that of fresh islets. In addition, islet yield significantly decreased at higher temperatures (22 and 37°C) and level of post-transplantation normoglycaemia achievement was significantly higher in the 4°C preservation group compared to islets cultured at 22 and 37°C (Noguchi et al. 2010) (Fig. 1).

Factors in the Early Post-Transplantation Period

Compared to whole-organ transplants, islet transplantation is a relatively non-invasive procedure. In most recipients it is a radiological procedure involving portal vein cannulation, although some centres choose to use mini-laparotomy. In either case, islets are infused into the portal vein, under low pressure, frequently gravity alone. Due to the relatively low

invasiveness of the procedure, patients are normally discharged from hospital within a week, usually within 48 h.

Immunosuppressive Medication

Allogeneic islet recipients require immunosuppression to prevent graft rejection. The medications have potential side effects, which are covered in many papers and reviews (Froud et al. 2005; Gruessner 1997; Pirsch et al. 1997; Przepiorka et al. 2000; Shapiro et al. 2000; Webster et al. 2006) and will not be covered here. Of relevance to islet transplant outcomes, the immunosuppressive regimens, since the landmark Edmonton protocol, have all been corticosteroid free (Shapiro et al. 2000) since they are toxic to β -cell function. However, it has become appreciated that the combination of tacrolimus and sirolimus, while a major improvement over corticosteroids, may still inhibit β -cell engraftment, survival, function and proliferation (Bussiere et al. 2006; Redmon et al. 1996; Rostambeigi et al. 2011; Zhang et al. 2006). In addition, the orally administered drugs achieve relatively high levels in the portal circulation, thus exposing the grafted islets to potentially toxic concentrations (Shapiro et al. 2005).

Instant Blood-Mediated Inflammatory Reaction

It is estimated that after transplantation, a large proportion of islets are lost within a week (Jirak et al. 2009). Post-transplant islet loss can be immediate (within minutes) or delayed. Immediate islet loss occurs if there is an IBMIR (Bennet et al. 2000; Johansson et al. 2005; Moberg et al. 2002; Ozmen et al. 2002). IBMIR is characterised by very rapid activation of coagulation and complement systems and platelet consumption. One of the major triggers is islet

release of tissue factor (Johansson et al. 2005; Moberg et al. 2002). IBMIR can be ameliorated or avoided by transplantation of unstressed islets, as these elaborate lower levels of tissue factor. Furthermore, treatment of patients with heparin, dextran, factor VIIa inhibitors and thrombin inhibitors has been used (Bennet et al. 1999, 2000; Cabric et al. 2007; Johansson et al. 2005, 2006; Ozmen et al. 2002; van der Windt et al. 2007), though patients may be at high risk for bleeding following transplantation. One option to circumvent this problem is to coat the islets with anticoagulant factors, such as heparin (Cabric et al. 2007), thrombomodulin (Stabler et al. 2007) or fibrinolytic urokinase (Teramura and Iwata 2008).

Delayed Immune Attack

In addition to IBMIR, less acute immune attack also occurs (Eisenbarth and Stegall 1996; Roep et al. 1999; Stegall et al. 1996) and numerous different immunosuppressive regimens are being currently tested. Anti-LFA-1 (leucocyte functional antigen-1) antibodies had promising results from the islet transplant view, but were withdrawn due to toxicity (Posselt et al. 2010). Promising preliminary results for alemtuzumab (anti-CD52) induction with sirolimus–tacrolimus followed by sirolimus–mycophenolic acid have been reported for three patients (Froud et al. 2008). Hering et al. (2004) cultured isolated islets to give time to achieve recipient preconditioning with good results for single donor transplants. In their subsequently published study they added induction with ATG, daclizumab and etanercept, and maintenance with sirolimus, low-dose tacrolimus and mycophenolate mofetil and achieved insulin independence in 100% of eight patients, with maintenance at 1 year of 62.5% (Hering et al. 2005). However, longer term follow-up of these patients does not appear to have been reported.

While immune attack clearly plays a major role in graft loss, auto-antibodies did not correlate with loss of function and there was no evidence for HLA sensitisation in the multicentre study (Shapiro et al. 2006). Follow-up studies using more sensitive techniques have suggested that presence of allo-immunity and islet-reactive T cells predict poorer outcomes (Campbell et al. 2007a, b; Roep 2008; Roep et al. 1999). Other studies were not powered to make definitive conclusions, although there was a suggestion of recurrent immunity accompanying sub-therapeutic immunosuppressive levels (Hering et al. 2005).

Hypoxia

After being trapped in the small portal vessels of the liver, islets must obtain oxygen and nutrients from the host by diffusion. In addition, the portal circulation is a naturally low oxygen tension environment. Thus, after transplantation, islets will suffer from relative or severe hypoxia. As

full revascularisation of islets can take days to weeks, hypoxia is a serious contributor to islet loss in the early post-transplant period (Brissova and Powers 2008; Korsgren et al. 2008; Morini et al. 2007). And even in established transplanted islets, oxygen tension and blood perfusion rate remain lower compared to native pancreas islets (Brissova and Powers 2008; Carlsson et al. 1998, 2001; Carlsson and Palm 2002; Mattsson et al. 2002).

In the clinical setting, islets with a diameter of ~100 to 150 μm are the most common size used for transplantation. They provide the largest proportion of islet volume per donor pancreas and β -cell mass per transplant. Many of the smaller islets are lost in the isolation process. However, recent studies have shown that due to lack of optimal oxygen diffusion these large islets have poor oxygen utilisation and poor survival, due to core cell death (Janette Williams et al. 2010; MacGregor et al. 2006). In addition, large islets actually secrete less insulin per volume compared to smaller islets, indicating a loss of β -cell functionality (MacGregor et al. 2006; Williams et al. 2009). And as oxygen cannot diffuse to the core of large islets, so does glucose not reach the core cells until the islets are re-vascularised. Gently breaking up large islets into smaller, more porous segments, improved islet survival *in vitro* but did not improve insulin secretion *in vivo* response to glucose (MacGregor et al. 2006). Overall, studies suggest that smaller islets perform better after transplantation, both for human and rodent islets (Lehmann et al. 2007; MacGregor et al. 2006).

Re-oxygenation of islets following transplantation is a key issue to survival and successful transplant outcome. Studies have shown that treating isolated islets with pro-angiogenic growth factors such as VEGF and HGF can markedly enhance angiogenesis following islet transplantation and thus improve islet survival *in vivo* (Fiaschi-Taesch et al. 2007; Golocheikine et al. 2010; Lai et al. 2005; Lammert et al. 2003; Zhang et al. 2004).

Alternate Transplant Sites

Many investigators have suggested that the liver is not the optimal site for transplantation, but there is no consensus for another site as yet. Liver, kidney capsule, spleen, peritoneal cavity, omentum, muscle and pancreas have all been considered as potential sites of islet infusion. Transplanting islets into their native environment *i.e.* the pancreas, provides superior outcomes to intraportal transplants in animals (Lau et al. 2007), but because of the risk of pancreatitis and other complications, this site, while intellectually attractive, is not likely to be a viable option in humans. Christoffersson et al. (2010) transplanted islets into striated muscle tissue and reported that in contrast to islets transplanted into the liver, vessel densities and blood

flow of islets transplanted into muscle were similar to those of native islets of the intact pancreas. Islets were functional both in the mouse model as well as in human subjects who received islet auto-transplantation. Islets grafted into muscle were found to have triple the number of blood vessels and a sixfold higher oxygen tension compared to corresponding islets transplanted at the renal sub-capsular site (Svensson et al. 2010).

Co-Transplantation: Improving Islet Survival in the Early Post-Transplant Period

Co-transplantation of islets with other cell types that offer support or protection has been under investigation in a number of centres. Co-transplantation with endothelial cells improved transplant outcomes in rodents (Johansson et al. 2008). Bone marrow-derived mesenchymal stem cells (MSCs), which are known to produce the pro-angiogenic factor VEGF, show improvement of islet graft morphology and function when co-transplanted with islets, most likely by promoting revascularisation of islets (Ito et al. 2010; Johansson et al. 2005). Others found that MSCs protected the islets from hypoxia/reoxygenation induced injury by decreasing the apoptotic cell ratio and increasing hypoxia and oxidative stress-related genes (Lu et al. 2010). Another recent paper described the use of adipose tissue-derived stem cells (ADSCs) as they have angiogenic potential and anti-inflammatory properties. Significant revascularisation (larger number of von Willebrand factor-positive vascular cells) and marked inhibition of inflammatory cell infiltration, including CD4 and CD8 T cells and macrophages, were noted in the islets co-transplanted with ADSCs compared to islet-alone transplants. Similar to MSCs, ADSCs promoted islet graft survival and insulin function of the graft and reduced the islet mass required for reversal of diabetes (Ohmura et al. 2010). Sertoli cells (SCs), normally found in the testes, have been used in co-transplantation studies with promising results. SCs protect sperm cells from immune damage and have been shown to self-protect when transplanted into allogeneic and xenogeneic environments (Emerich et al. 2003). In murine T1D models, SCs protect co-grafted allogeneic and xenogeneic islets from immune destruction (Suarez-Pinzon et al. 2000; Yang et al. 2002). Infused SCs following transplantation also offer protection and prolong islet survival by reducing peripheral blood lymphocyte and cytokine levels (Li et al. 2010).

Co-transplantation appears to have major potential as a therapeutic strategy for improving tolerance post-transplant and could potentially lead to a reduction in the number of islets needed for transplantation and use of immunosuppressive medication.

Concluding Remarks

It is thought that in the week following transplantation, many transplanted islets are lost to IBMIR and hypoxia, both leading to β -cell apoptosis and necrosis. If 30–70% of the original islet mass is transplanted, and only 25% of transplanted islets are lost in the first week, then 22–52% of the original islet mass would remain. Short-term islet loss is often much greater than 25% (Ryan et al. 2001; Toso et al. 2002).

In people with normal glucose tolerance at baseline, decreasing β -cell mass by removal of 50% of the pancreas causes glucose intolerance at 1 year in 25–43% (Kendall et al. 1990; Seaquist et al. 1996), and larger resections cause glucose intolerance more commonly: 80% plus pancreatectomy causes glucose intolerance in 73–100% of patients (Slezak and Andersen 2001). Thus, islet yield and short-term post-transplant survival remain major issues which contribute to longer term graft exhaustion and failure.

Major strides in islet transplantation have been made in recent years, with recipients transplanted since 2005 retaining insulin independence significantly longer than those transplanted between 1999 and 2004 (CITR 2009). However, transplant outcomes are not yet comparable to whole pancreas transplants. Islet survival is affected by numerous complex factors during the isolation process, immediately post-transplant and long-term in the host. Research continues to determine optimal immunosuppressive pre-conditioning, ongoing immunosuppression and to improve islet engraftment. Reconsideration of the islet transplant site seems to be gaining momentum. An additional challenge is posed by centre to centre variability in both results and protocols. There is difficulty in conducting adequately sized trials: in order to achieve sufficient power for statistical comparison multiple centres are usually needed.

Strategies currently proven to improve islet yield include good donor and recipient selection, meticulous attention to surgical retrieval, thorough perfusion, cold preservation and transport, islet isolation with experienced operators, and islet culture to allow optimal immunosuppressive pre-conditioning of the recipient patient. Islet transplantation remains an exciting area of intense research which has future promise for the cure of T1D.

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